We are looking for Cafeteria Workers! Please contact Food Service @ 724-941-6251 x 7226

C.0012	Car	МсМи	urray Elemer	ntary Lunch
Food	FunFriends		,	May 2023
				5 School Lunch Hero Day
French Toast Sticks*V	Philly Cheesesteak Sub	3	Italian Cheesy Pull-Apart*V	5 School Lunch Hero Day Cheese Quesadilla*V
& Turkey Sausage Links	OR	Breaded Chicken &	OR	OR
OR	Cheddar Cheese Oven-Fired	Waffle Nachos	100% Beef Bacon Cheeseburger	Golden Crispy Chicken Nuggets
Crispy Chicken Breast Sandwich	Flatbread Melt*V	OR	OR	with Roll
OR	OR	Crispy Chicken Breast Sandwich	Honey Ham & Cheese Oven-	OR
Grilled Chicken, Feta Cheese,	Oven Roasted Turkey &	OR	Fired Flatbread Kit	Make-Your-Own Pizza
and Berry Salad	Cheese Sub	Muffin/String Cheese/Yogurt Pack		Bagel Kit*V
Side Items	Side Items	Side Items	Side Items	Side Items
Smiley Fries	Sweet Corn	Black Beans	Green Beans	Garden Salad
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
8	9	10	11	12 Cheese Stuffed Breadsticks
Cinnamon Breakfast Roll*V	Breaded Chicken Parm		BBQ McRib Sandwich	& Marinara Sauce*V
& Turkey Sausage Links	over Spaghetti*SC	Grilled Chicken & Gravy	OR	OR
OR Origen Objeken Breast Cardwick	OR .	over a Biscuit	100% Beef Cheeseburger	Golden Crispy Chicken Nuggets
Crispy Chicken Breast Sandwich	American Grilled Cheese*V	OR 400% Desk Hat Des	OR	with Roll
OR	OR	100% Beef Hot Dog	Honey Ham & Cheese Oven-	OR Orillad Obieles Oceans Orlad
Grilled Chicken, Feta Cheese,	Oven Roasted Turkey &	OR NA ANA ANA ANA ANA ANA ANA ANA ANA ANA	Fired Flatbread Kit	Grilled Chicken Caesar Salad
and Berry Salad	Cheese Sub	Muffin/String Cheese/Yogurt Pack		with Roll
Side Items	Side Items	Side Items	Side Items	Side Items
Tater Tots	Sliced Carrots	Mashed Potatoes	Baked Beans	Garden Salad
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
15	16	17	18	19
Waffles*V & Turkey	100% Beef Meatballs		Pizza Hut Pizza	
Sausage Links	over Penne Pasta*SC	100% Beef Walking Taco*SC	OR	Pineapple Chicken Bowl*SC
OR	OR	OR	Mini Chicken Corn Dogs	OR
Breaded Chicken Boneless Wings	Honey Ham & Cheese Melt	Grilled Chicken Breast Sandwich	OR	Crispy Chicken Breast Sandwich
OR	OR	OR	Hummus & Veggie Plate with	OR
Italian Style Sub	Oven-Fired Flatbread Pizza Kit*V	Grilled Chicken Baja Salad	Oven-Fired Flatbread*V	Make-Your-Own Pizza
				Bagel Kit*V
Side Items	Side Items	Side Items	Side Items	Side Items
Smiley Fries	Green Peas & Carrots	Pinto Beans	Green Beans	Garden Salad
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
	23 Cheese Stuffed Breadsticks			General Tso's Chicken
22	23 Cheese Stuffed Breadsticks & Marinara Sauce*V	24	25 Cheese Pizza*V	26 General Tso's Chicken with Brown Rice
Egg, Sausage, Cheese Bagel Melt	OR	Grilled Chicken Soft Tacos	OR	OR
OR	Cheddar Cheese Oven-Fired	OR	100% Beef Cheeseburger	Golden Crispy Chicken Nuggets
Crispy Chicken Breast Sandwich		100% Beef Hot Dog	OR	with Roll
OR	Flatbread Melt*V OR	OR		OR
Grilled Chicken, Feta Cheese, and		Muffin/String Cheese/Yogurt Pack	Honey Ham & Cheese Oven- Fired Flatbread Kit	Grilled Chicken Caesar Salad
Berry Salad	Oven Roasted Turkey & Cheese Sub	Manny String Cheese/ roguit Fack		with Roll
Side Items	Side Items	Side Items	Side Items	Side Items
Tater Tots		Black Beans	Smiley Fries	Steamed Broccoli
Seasonal Fresh Fruit	Sliced Carrots Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Seasonairresirriuit	Seasonal Flesh Fluit	Seasonair resirrindit		Seasonal Fresh Fruit
29	30	31		Please note new Sesame
			TO THANK YOUR	Flour Allergen Alert
	Macaroni & Cheese*V*SC	100% Beef Nachos*SC	DINING STAFF	Two Companies have
NO SCHOOL	With Breaded Fish Sticks	OR		recently changed their
Memorial Day	OR	Grilled Chicken Breast Sandwich		recipes to include Sesame
	Honey Ham & Cheese Melt	OR		flour. This impacts our
	OR EI LEI I DI LUIRI	Grilled Chicken Baja Salad		hamburger buns, hot dog buns, hoagie buns and
	Oven-Fired Flatbread Pizza Kit*V		SCHOOL AND	flatbread. As well as the
	Side Items	Side Items		pizza dough at Middle
	Green Peas & Carrots	Pinto Beans	A UNICH HEDO	School and High School.
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	DAY	
All shisker and usta afferral	Typen shielder reject with a still	inting over	Eliti arrest L'al anno, dispet server The before a traj hardware press.	
All chicken products offered are Tyson chicken raised with no antibiotics ever. Cold Vegetable Choices Include: Daily Features Include:				
No added hormones or steroids	. No artificial ingredients. Whole gra	ain preading. Monday: Bab	y Carrots/Broccoli Florets C	heese Pizza
				ruit & Yogurt Parfaits

All deli meats offered are Smithfield Healthy Ones. No MSG or added hormones. No artificial flavors.

Offered Daily with Lunch Meal: 100% Juice, Skim White, Skim Chocolate and 1% White Milk

This institution is an equal opportunity provider.

*Gluten-Free meals available upon request. *SC – Made from scratch *V - Vegetarian

For more detailed nutritional information, please visit: ptsdk12pa.nutrislice.com/menu



SunButter & Jelly Sandwich

Tuesday: Broccoli Florets/ Red Pepper Strips Fruit & Yogurt Parfaits

Wednesday: Baby Carrots/ Cucumbers

Friday: Baby Carrots/ Cucumbers

Thursday: Celery Sticks/ Grape Tomatoes